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Paperback - December 1, 2014 by Lissa Rankin M.D. (Author) 4.6
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whole new meaning. I chose to read this book because I listened to Lissa speak at the I Can Do It Conference, and was awestruck at the stories of spontaneous remission that she shared with the audience.

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Author Bio: Lissa Rankin, M.D., is a physician, the New York Times best-selling author of six books, a researcher of the phenomenon of "spontaneous" remission, an expert in the

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intersection of science and the sacred, and the founder of the Whole Health Medicine Institute, a transformational training program focusing on consciousness and healing for health-care providers and healers.

Mind Over Medicine: Scientific Proof That You Can Heal ...

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In fact, the scientific data suggests that, at least in some

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instances, the health of the mind is equally, if not more, important to the health of the body. The body doesn't fuel how we live our lives. Instead, it is a mirror of how we live our lives. The body is a reflection of the sum of our life experiences.

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Lissa Rankin, MD: Creator of the health and wellness communities LissaRankin.com and OwningPink.com, author of

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When Mind Over Medicine was first published, it broke new ground in the fertile region where science and spirituality intersect. Through the process of restoring her own health, Dr. Lissa Rankin discovered that the conventional health care she

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had been taught to practice was missing something crucial: a recognition of the body's innate ability to self-repair and an appreciation for how we can control these self-healing mechanisms with the power of our own consciousness.

Books - Lissa Rankin

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As I write about in detail in the New York Times bestselling book I wrote, Mind Over Medicine: Scientific Proof That You Can Heal Yourself, the body is beautifully equipped with natural self-repair mechanisms that can fix broken proteins, kill cancer cells, fight infectious agents, and retard aging.

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